



## U10 MODIFIED RULES

### LAW I. – THE FIELD

If corner flags are not available, the game shall be played without corner flags.

#### A. Dimensions

The field of play shall be rectangular, its length being no more than 80 yards or less than 70 yards and its width not more than 50 yards or less than 40 yards. The length in all cases shall exceed the width. HYS shall use nominal dimensions of 70 yards by 50 yards fields.

#### B. Markings

1. A halfway line shall be marked out across the field.
2. A center circle with an eight yard radius.
3. Four corner arcs with a two foot radius.
4. Goal area shall be six yards from each goal post and six yards into the field of play, joined by a line drawn parallel to the goal line.
5. Penalty area shall be 14 yards from each goal post and 14 yards into the field of play, joined by a line drawn parallel to the goal line.
6. Build out line is equal distance between the center line and the top of the penalty area and parallel to the center line.

#### C. Goals

Goals shall be between 6-7 feet high and 18-21 feet wide.

### PLAYERS, COACHES AND SPECTATORS

No coaches or parents may be behind the goal

lines during play and, therefore, no coaching may occur from any position behind the goal lines. Referees and/or referee trainees will be scheduled for these games.

### LAW II. – THE BALL

Size (4) ball is used. Home team supplies the game ball.

### LAW III. – THE NUMBER OF PLAYERS

1. Maximum number of players on the field at one time is (7) including the goalkeeper.
2. Maximum players on the roster will be between 12-13.
3. No child shall play more than one half of each game in goal.
4. Each player shall play at least 50% of the total playing time.
5. Substitutions are allowed at any time with the permission of the referee, generally: prior to throw-in in your favor, prior to goal kick, by either team or after a goal kick by either team, when referee stops play and at halftime.
6. Fair Side rule applies. If a team is short players, the other team must play down to an equal number of players. As additional players arrive, each team will, with prior permission from the referee, simultaneously add players to the field.

### LAW IV. – PLAYERS' EQUIPMENT

All player equipment will be inspected by the referee prior to the start of the game. The



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referee is the final judge on what constitutes unsafe equipment. **SHIN GUARDS ARE MANDATORY**

### **LAW V. – REFEREES**

HYS will use one center certified referee.

### **DISPUTES**

Coach disputes about referee calls will not be vocalized at the game. Coach complaints will be directed to the Division Commissioner or Referee Assigner. Coaches who fail to adhere to this policy may be subject to disciplinary action. All infractions shall be briefly explained to the offending player as part of the instructional objectives of the Recreation League.

### **LAW VI. – LINESMEN (ASSISTANT REFEREES)**

May use parent or spectator volunteers as assistant referees on the sidelines.

### **LAW VII. – DURATION OF THE GAME**

1. The game shall be divided into (2) equal halves of (25) minutes each.
2. There shall be a half time break of (5) minutes.

### **LAW VIII. – THE START OF PLAY**

Conform to FIFA with the following exception: Opponent must be (8) yards from the center mark while the kick is in progress

### **LAW IX. – BALL IN AND OUT OF PLAY**

Conforms to FIFA. Ball must completely cross the line to be out of play.

### **LAW X. – METHOD OF SCORING**

Conform to FIFA.

### **LAW XI. – OFF SIDE**

Players cannot be offside when they are in their own half or between the build out lines.

### **LAW XII. – FOULS AND MISCONDUCT**

Conform to FIFA, and in all Divisions no cautions or ejections shall be issued except by an independent neutral referee.

### **LAW XIII. – FREE KICKS**

Opponents must be (8) yards away before the kick is allowed.

### **LAW XIV. – PENALTY KICKS**

### **LAW XV. – THROW-IN**

Conform to FIFA.

### **LAW XVI. – GOAL-KICK**

Conform to FIFA except that the opposing team players must be behind the play out line and must remain there until the ball is received by a teammate of the team taking the goal kick, or the ball goes out-of-bounds or the ball goes beyond the build out line (note that the ball is not in play until one of the aforementioned conditions occurs).

### **LAW XVII. – CORNER KICK**

Conform to FIFA with the exception that opponents remain at least (8) yards from the ball until it is in play.



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### GENERAL REQUIREMENTS OF PLAYERS, COACHES AND PARENTS

1. Good sportsmanship verbally following the game (NO HANDSHAKES)
2. No trophies or awards are to be given for the “best” team
3. No alcoholic beverages will be consumed or allowed near the playing area.
4. Coaches and players ONLY will be located on one side of the field.
5. **Parents, siblings and all spectators will remain on the sideline opposite the area occupied by the coaches and players.**

### GOALKEEPER

**The goalkeeper is not allowed to punt the ball.**

When the keeper has possession of the ball, the opposing team must move behind the build out line until the ball is distributed and is either received by a teammate of the goalkeeper, goes out of bounds or goes beyond the play out line.

**If a goalkeeper punts the ball, an indirect free kick is awarded to the opposing team.** If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the end line at the nearest point to where the infringement occurred.